

# 2025 ADULT COACHING PROGRAM



## Your Coach: Ryan Robillard, 2023 PGA of Ontario Teacher of the Year

I am a very outgoing and passionate coach who loves to help players understand new concepts to lower their scores. I have an approach based on the fundamentals of balance, posture and weight distribution. In addition to the use of training aids, I ask a lot of questions, and ask my students to perform exaggerated feels to accelerate changes in their performance.

I believe follow-up and clear communication is very important. All of our lessons are tracked using an app called CoachNow. Each lesson summary is stored for you to access at any time.

## Program Vision:

**To help you shoot lower scores!** This will happen with a commitment to open communication and a complete coaching program that includes technical time to work on your swing but also includes time to take those skills to the golf course. This program is a time commitment but it's the amount of time that will make a major impact on your game!

## Program Overview

- 24 Hours of Coaching
- Detailed follow-ups after lessons and on-course sessions
- Unlimited Check In's
- Initial assessment with GPAR Canada
- Lie and Loft Equipment check

Below is a layout that I am basing these hours on. This is a suggested layout will vary from player to player

<b>Initial Assessment December 2024 or January 2025</b>	<ul style="list-style-type: none"> <li>You will meet with the team at GPAR Canada for your assessment. This assessment is critical in our ability to help you improve your golf swing. More detail about GPAR below</li> </ul>
<b>Off Season (January - March)</b>	<ul style="list-style-type: none"> <li>6 Golf Lessons <ul style="list-style-type: none"> <li>Bi-weekly lessons for 3 months</li> </ul> </li> </ul>
<b>Early Season (April - June)</b>	<ul style="list-style-type: none"> <li>8 Hours of Coaching <ul style="list-style-type: none"> <li>4 Golf Lessons</li> <li>4 On course Hours</li> </ul> </li> </ul>
<b>Mid Season (July - September)</b>	<ul style="list-style-type: none"> <li>8 Hours of Coaching <ul style="list-style-type: none"> <li>4 Golf Lessons</li> <li>4 On course Hours</li> </ul> </li> </ul>
<b>Late Season (October - December)</b>	<ul style="list-style-type: none"> <li>2 Golf Lessons</li> <li>Any hours that were unused earlier in the year can be used during this time (If we make a schedule and stick to it, we will be all set!)</li> </ul>

## Program Pricing + Locations

- \$2450 Including HST, this price includes the cost of the assessment with GPAR Canada, all Golf Coaching, and the cost of the sim rentals at Swing Factory. The player will be responsible for purchasing range balls from Seven Lakes during outdoor lessons and green fees for on-course time if applicable.
- Fees will be invoiced on February 1st, May 1st, August 1st, and November 1st. (\$612.50 x 4 payments)
- Outdoor training will take place at Seven Lakes Golf Club. For outdoor lessons, the player will be responsible for paying for the range balls.
- Indoor training will take place at Swing Factory. I am very excited to be at Swing Factory as they are by far the best indoor facility available to us. With 6 Trackman bays and a Putt View putting green, they have everything we need to improve this winter!

## Unlimited Check In's (The secret to success)

I mean it! You can check in after every range session or round of golf. Have a question? Text me! Play a round of Golf? Send me a picture of your scorecard. This program doesn't stop when you leave a lesson or on-course session. The player who keeps in touch the most improves the most, period!

## Assessment with Fitness Professional

I have partnered with two companies to services players based on location:

- GPAR Canada which is based out of Kingsville Golf and Country Club.

- Apex Performance and Wellness is located in Windsor near E.R. Row and Central

I believe all players need to spend more time taking care of their bodies whether it be strength, mobility, speed, injury prevention, recovery from injury etc. Both companies have a complete team of doctors that provide all types of services. At the end of that assessment, the player will have their priorities listed out. It could increase speed, working to improve range of motion, increasing strength etc. This will vary from player to player. This component is very important and is often overlooked by players and families. More information about them can be found on their website

<https://www.gparcanada.com>

<https://apexperformancewellness.ca>

## **Contact me to learn more**

If you have any questions please send me an email at [ryan@robillardgolf.com](mailto:ryan@robillardgolf.com)

Let's get you shooting lower scores!